

## About Mind

Mind Australia is one of the country's leading community-managed specialist mental health service providers who have been supporting people living with the day-to-day impacts of mental ill-health, as well as their families, friends and carers for over 40 years.

## What we stand for

- Making a difference
- Working with passionate people
- Striving for an inclusive culture for people with a disability, First Nations, LGBTQI+ and culturally diverse people
- Giving people a sense of belonging and hope

## What we value

- Hope
- Creativity and innovation
- Being client focused
- Making a difference
- Integrity

## Our strategy

- Invest in service design and innovation to deliver better services and outcomes
- Increase our impact by growing and expanding our service delivery
- Be a strong organisation that enables its people to do their best possible work
- Contribute to a better, stronger Australian mental health system

## The way we practice

- Respect for people and their human rights
- Social justice
- Inclusion for all and support for participation
- Giving people hope and courage
- Empowerment
- Commitment to research-informed practice

## Volunteer experience

- Ability to make a difference
- Helping reduce stigma
- Fostering self-worth
- Having fun
- Contributing to Mind's purpose
- Potential employment opportunities
- Ability to give people hope
- Supporting clients with their recovery

## Student experience

- Gaining and increasing your knowledge
- Learning from others
- Supporting our clients
- Potential employment opportunities
- Developing as a professional
- Opportunities to put theory into practice
- Being part of a dynamic organisation
- Contributing with multi-disciplinary teams
- Exposure to the Mind culture



## Lived experience

We value the knowledge, and proactively recruit people who have lived experience with mental ill-health which assists and supports our clients, carers and families through:

- sharing knowledge of lived experience of mental health challenges
- supporting people with their own recovery
- assisting in fostering hope
- helping others through shared experiences
- connecting with people through storytelling.

## Employee experience

- Salary packaging benefits
- Monthly RDOs for eligible employees
- Development opportunities
- Flexible working arrangements
- Supportive working environment
- Access for you and your family members to our Employee Assistance Program
- Ability to make a difference

## Want to know more?

**Employment** [mindaustralia.org.au/work-us](http://mindaustralia.org.au/work-us)  
**Peer work** [mindaustralia.org.au/work-us/peer-work](http://mindaustralia.org.au/work-us/peer-work)  
**Volunteering** [mindaustralia.org.au/work-us/volunteer-mind](http://mindaustralia.org.au/work-us/volunteer-mind)  
**General enquiries** [hr@mindaustralia.org.au](mailto:hr@mindaustralia.org.au)

