

Mental health peer support work: a five-day training program

A mental health peer practitioner training course delivered by Mind Australia Limited

Who is this course for?

The course has been developed for people with a personal lived experience of mental ill-health who are:

- employed as a peer support worker
- employed in mental health or community support roles and looking to explore other career opportunities
- volunteering or working casually in peer support
- undertaking relevant study and have some understanding of peer work
- a Mind peer support worker
- connected to other organisations with a peer workforce.

Course overview

This professional development course is designed to create a safe space for people to share their lived experience and recovery, and to explore and develop professionally within this unique learning space.

Learning objectives

This five-day workshop will enable you to:

- develop confidence in your understanding of best practice, including the principles, values and practices of peer support
- discuss issues and challenges related to disclosure when drawing upon your lived experience with service users and colleagues
- explore how to look after yourself to keep well
- appreciate the importance of collaboration and partnerships as pathways to better outcomes.

Facilitator

Mind Australia Limited is one of the country's leading community-managed specialist mental health service providers. We offer high-quality professional development courses on a range of topics to health professionals, organisations and the general public.

This course is facilitated by qualified peer practitioners with a lived experience of mental ill-health who are currently working in the field.

Cost

Full fee \$850

Concession \$440 for holders of a current Health Care card
(The purchaser of a concession rate ticket must be the same person as the Health Care card holder, and the card must be produced at the course) Prices listed are subject to change.



Course fees include:

- all workshop materials
- catering

Dates

Monday 18 February to Friday 22 February 2019

Monday 15 July to Friday 19 July 2019

Monday 11 November to Friday 15 November 2019

Times

9:30 am – 4:30 pm

Venue

86-92 Mount Street, Heidelberg, VIC 3084

To secure a place

You will need to buy a ticket via Eventbrite – just click the link for your preferred date below:

February 2019 [Buy a ticket](#)

July 2019 [Buy a ticket](#)

November 2019 [Buy a ticket](#)

Certificates

Participants will receive a certificate of completion at end of course.

Terms and conditions

See the course details on the Eventbrite site.

Any questions?

Contact us on 03 9455 7923 or learning@mindaustralia.org.au

mindaustralia.org.au

Mind Connect 1300 286 463

Carer Helpline 1300 554 660

